# Richard Bonington Primary and Nursery School



# Anti-bullying policy.

Adopted:	March 2023
Reviewed:	March 2024
Head Teacher:	Mrs L Barbuti
Chair of Governors:	Mrs V Burr

If you require this in another format, please contact the school office:

Telephone: 0115 956 0995 or Email: admin@rbps.org.uk



#### Introduction

At Richard Bonington Primary school we aim to provide a safe, caring and friendly environment for learning for all our pupils to allow them to improve their life chances and help them maximise their potential. This includes encouraging open discussion around differences between people and celebrating diversity.

We recognise that a school has a responsibility to have an understanding of the community they serve and to respond to identified concerns including proactively teaching children about potential threats to their health and safety. We will therefore adopt a contextual approach to bullying and peer on peer abuse, working with families and outside agencies where appropriate.

We expect pupils to act safely and feel safe in school, including that they understand the issues relating to all forms of bullying and that they feel confident to seek support from school should they feel they or others are unsafe. We would also want parents/carers to feel confident that their children are safe and cared for in school and that incidents, if/when they do arise, are dealt with promptly and effectively.

The school is aware of its legal obligations including the Equality Act 2010. This means as well as taking into account the context of any concerns which need addressing, we will consider where a pupil may have a protected characteristic. This will include ensuring any action taken by the school has taken into account their needs and that any actions taken by the school do not put the pupil at greater harm.

#### **Policy Development**

This policy was formulated in consultation with the whole school community with input from

- Members of staff- by taking their views on a draft version of the policy
- Governors by taking their views on a draft version of the policy
- Parents/carers parents will be encouraged to contribute by taking their views on a draft version of the policy
- Children and young people pupils contribute to the development of the policy through the views they express during anti-bullying week, circle time discussions, school council and through the pupil conferencing

This policy is available

On the school website (paper copy available on request through the school office)

#### Roles and responsibilities

**The Head Teacher –** Has overall responsibility for the policy and its implementation and liaising with the governing body, parents/carers, LA and outside agencies and appointing an Antibullying coordinator who will have general responsibility for handling the implementation of this policy.

**The Designated Safeguarding Leads** in our school are Mrs Barbuti, Mrs Campbell, Mrs Birkle, Mrs Collins and Mrs Marlow.

Safeguarding is the responsibility of all staff. However all staff, parents and pupils need to be aware of who to report to and how to report any safeguarding concerns.

**The Anti -bullying Coordinators** in our school are Mrs Marlow and Mrs Collins (our pastoral team)

Their responsibilities are:

- Policy development and review involving pupils, staff, governors, parents/carers and relevant local agencies
- Implementing the policy and monitoring and assessing its effectiveness in practice
- Ensuring evaluation takes place and that this informs policy review
- Managing bullying incidents
- Managing the reporting and recording of bullying incidents
- Assessing and coordinating training and support for staff and parents/carers where appropriate
- Coordinating strategies for preventing bullying behaviour

The nominated Governors with the responsibility for Anti-bullying (Behaviour) is:

# **Definition of Bullying**

The repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. Bullying can be physical, verbal or psychological. It can happen face-to-face or through cyberspace.

<u>www.anti-bullyingalliance.org.uk/tools-information/all-about-bullying/what-bullying/abadefinition-bullying</u>

How does bullying differ from teasing/falling out between friends or other types of aggressive behaviour?

- There is a deliberate intention to hurt or humiliate.
- There is a powerful imbalance that makes it hard for the victim to defend themselves.
- It is usually persistent.

# Behaviour often associated with bullying

#### **Baiting**

Baiting can be used in bullying both on and offline. It can be used to bully someone to get 'a rise' out of them and it can be used to antagonize those who might be bullying others to get them to bully. Sometimes baiting is used secretively to try and get a person to explode in a rage or react negatively/loudly so that they get into trouble.

## **Banter**

The dictionary describes banter as: 'the playful and friendly exchange of teasing remarks'.

Bullying is often justified as being just banter. It may start as banter, but some types of banter are bullying and need to be addressed as bullying.

Types of Banter

- Friendly Banter-There's no intention to hurt and everyone knows its limits
- Ignorant Banter- crosses the line with no intention to hurt, will often say sorry.
- Malicious Banter- Done to humiliate a person-often in public

#### Peer on Peer Abuse

This can include but is not limited to:

- Bullying including cyberbullying
- Sexual violence and sexual harassment
- Physical abuse
- Sexting
- Initiation/hazing, violence and rituals

(See Peer on Peer Abuse Policy for full details)

## Sexist and sexual bullying

Sexual Harassment –unwanted contact of a sexual nature which can occur on and offline This behaviour is considered to violate a child's dignity and /or make them feel intimidated, degraded or humiliated and /or create a hostile, offensive or sexualised environment.

Again, this needs to be considered by cross referencing with the Peer on Peer policy but the initial response from staff will be the same as any reported bullying incident and dealt with in a contextual way.

Occasionally an incident may be deemed to be bullying even if the behaviour has not been repeated or persistent – if it fulfils all other descriptions of bullying. This possibility should be considered, particularly in cases of hate crime related bullying and cyberbullying and peer on peer abuse. If the target or alleged perpetrator might be in danger then intervention is urgently required including a safeguarding referral.

#### What does bullying look like?

Bullying behaviour can be:

- Physical pushing, poking, kicking, hitting, biting, pinching etc.
- Verbal name calling, sarcasm, spreading rumours, threats, teasing, belittling.
- Emotional isolating others, tormenting, hiding books, threatening gestures, ridicule, humiliation, intimidating, excluding, manipulation and coercion.
- Sexual unwanted physical contact, inappropriate touching, abusive comments, homophobic abuse, exposure to inappropriate films etc.
- Online /cyber posting on social media, sharing photos, sending nasty text messages, social exclusion
- Indirect Can include the exploitation of individuals such as false friendships, criminal exploitation, sexual exploitation and radicalization.

Although bullying can occur between individuals it can often take place in the presence (virtually or physically) of others who become the 'bystanders' or 'accessories'.

Bullying can take place between:

- young people
- young people and staff
- between staff
- individuals or groups

# Why are children and young people bullied?

Specific types of bullying include:

#### Prejudice Related Bullying

Under the Equalities Act 2010 it is against the law to discriminate against anyone because of:

- age
- being or becoming a trans person
- being married or in a civil partnership
- being pregnant or having a child
- disability
- race including colour, nationality, ethnic or national origin, including Gypsy, Roma, Traveller heritage
- · religion, belief or lack of religion/belief
- sex /gender
- sexual orientation

These are called 'protected characteristics'.

As part of the requirement on schools to promote fundamental British values, schools must proactively challenge derogatory and discriminatory language and behaviour including that which is racist, homophobic, biphobic, transphobic and disablist in nature. We will record these types of bullying, even that which represents a one-off incident.

# Other vulnerable groups include

- bullying related to appearance or health
- bullying of young carers or looked after children or otherwise related to home circumstances

Although the above do not currently receive protection under the Equality Act 2010, bullying for these reasons is just as serious. There is no hierarchy of bullying – all forms should be taken equally seriously and dealt with appropriately.

# Prejudice Related Language

Racist, homophobic, biphobic, transphobic and disablist language includes terms of abuse used towards people because of their race/ethnicity/nationality; because they are lesbian, gay, bisexual, or trans, or are perceived to be, or have a parent/carer, sibling, or friend who is; because they have a learning or physical disability. Such language is generally used to refer to something or someone as inferior. This may also be used to taunt young people who are perceived to be different in some way or their friends, family members or their parents/carers are perceived to be different.

Dismissing such language as banter is not helpful as it is being used to mean inferior, bad, broken or wrong. We will challenge the use of prejudice related language in our school even if it appears to be being used without any intent. Persistent use of prejudice related language and/or bullying will be dealt with as with any other form of bullying.

#### Where does bullying take place?

Bullying is not confined to the school premises. It also persists outside school, on the journey to and from school and in the local community and may continue into Further Education.

The school acknowledges its responsibilities to support families if bullying occurs off the premises. In such cases, the Head teacher is empowered by law to deal with such incidents but must do so in accordance with the school's policy.

At Richard Bonington Primary School, we are concerned with our children's conduct and welfare outside as well as inside school and we will do what we can to address any bullying issues that may occur off the school premises. The following steps may be taken:

- Talk to the local Community Police Officer about problems on the streets.
- Talk to the transport companies about bullying on school buses and in school taxis.
- Talk to the Head Teachers of other schools whose children may be involved in bullying off the premises.
- Map out safe routes to school for children, linking them to the School Travel Plan.
- Discuss coping strategies with parents and the children involved.

#### Online bullying

The increasing use of digital technology and the internet has also provided new and particularly intrusive ways for bullies to reach their victims.

Online bullying can take many forms and bullying online can often start in school and then be progressed online or start online and influence behaviour in school.

Whilst most incidents of Online Bullying occur outside school we will offer support and guidance to parents/carers and their children who experience online bullying and will treat Online bullying with the same severity as any other form of bullying.

Online bullying can include:-

- hacking into someone's accounts/sites
- Posting prejudice /hate messages
- Impersonating someone on line
- Public posting of images
- Exclusion
- Threats and manipulation
- Stalking

We will ensure that our children are taught safe ways to use the internet (see our online safety policy) and encourage good online behaviour.

# Reporting and responding to bullying

Our school has clear and well publicised systems to report bullying for the whole school community (including staff, parents/carers and children) this includes those who are the victims of bullying or have witnessed bullying behaviour (bystanders).

Reporting and responding to bullying for:

# Children – Victims and Bystanders

- If you feel you are being bullied report it to any member of staff, an older pupil or your parent.
- A second approach is to place your name and class onto a piece of paper to give to your teacher or any other adult in school to let him / her know you are worried about something.

- If you feel another person is being bullied, ask that person if they are ok and if anyone is doing something to upset them.
- Report any concerns to a member of staff in school or a parent in the above ways or speak to a parent or carer at home about your concerns.

The children discussed this issue and we have included some of their strategies in this list.

- Try not to let the bully know that they are making you feel upset.
- Try to ignore them.
- Be assertive stand up to them, look at them directly in the eye, tell them to stop and mean it.
- Stay in a group, bullies usually pick on individuals.
- Get away as quickly as you can.
- Tell someone you can trust it can be a teacher, a teaching assistant, a mid-day supervisor, a parent, a friend, a brother, a sister or a relative.
- If you are scared, ask a friend to go with you when you tell someone.
- If you don't feel you can talk to someone about it, write it down and give it to a teacher.
- When you tell an adult about the bullying give them as many facts as you can
- (what? who? where? when? why?).
- Keep a diary of what has been happening and refer to it when you tell someone.
- Keep on speaking out until someone listens and helps you.
- Never be afraid to do something about it and quick.
- Use your class "worry box"
- Call a helpline.

#### **Parents/Carers**

- Speak with your child to find out what is happening. Try to find out when and where the
  actions have been taking place, who has been involved and who else may have seen it.
- Explain to your child what you are going to do and encourage them to speak to an adult in school.
- Speak with your child's class teacher or communicate directly with the Head, or Deputy Head Teachers to explain your concerns and what you have found out (0115 9560995 or admin@rbps.org.uk)
- Do not approach the suspected bully and attempt to tell them off/prevent them from doing what you think they may be doing.
- We have an open door policy where parents are welcome to speak to any member of staff if they have any concerns. Every morning there is a member of SLT on the playground, they are there to be available for parents if there are any concerns.

#### All staff and visitors

- Report what you have seen or heard to the Head, or Deputy Head Teacher.
- If a member of staff feels they are being bullied by another adult within the school another member of staff, a governor, a visitor or a parent/carer they should keep a record of any incidents and conversations that indicate their concern. They should talk to the Head teacher or in his absence the Deputy Head who will treat the situation with sensitivity and in confidence. They will liaise with the governors. If a solution cannot be agreed upon then the teacher's union will be contacted. If the bullying complaint is against the Head Teacher then the Anti-bullying governor will be involved.

Our school reports bullying for the whole school community (including staff, parents/carers, children and young people) this includes those who are the targets of bullying or have witnessed bullying behaviour (bystanders). Reported bullying incidents are discussed with School Governors.

Any reported concerns are dealt with by the pastoral care team and recorded on CPOMS. If the concern is of a confidential nature, this can also be logged accordingly.

Staff are updated on pastoral care concerns during a weekly briefing and are also updated on changes to policies where relevant. Visitors to school, such as students on placements are told, during their induction, that they must report any incidents that they may witness which may be regarded as bullying or any incident that affects a child's wellbeing to one of the Deputy Headteachers or the Executive Headteacher.

#### **Procedures**

All reported incidents will be taken seriously and investigated involving all parties. The staff is aware of and follows the same procedures

We will:-

- Interview all parties. Notes will be made and kept
- Appropriate advice will be given to help the victim(s) and the bully.
- Staff will attempt to adopt a problem-solving approach which will move children on from them having to justify their behaviour.
- Appropriate action will be taken quickly to end the bullying behaviour or threats of bullying.
- Inform parents when bullying has been confirmed as appropriate. At this stage we will consider if it is helpful to inform parents and which parents should be informed (Bully? Victim? Bystanders?). If parents are involved at this stage we will explain why an incident has been classified as bullying and what we are doing in school to resolve the issue.
- Implement appropriate disciplinary sanctions in accordance with the school's Behaviour Policy. These will be graded according to the seriousness of the incident but will send out a message that bullying is unacceptable.
- Always follow up incidents after a time to see whether they have been resolved. We will keep in touch with the person who reported the situation and parents/carers. This includes referring parents to our Complaints procedure if they are not satisfied with the schools actions
- Use a range of responses and support appropriate to the situation. These may include solution focused, restorative approach, circle of friends, individual work with victim, perpetrator, referral to outside agencies if appropriate
- Liaise with the wider community if the bullying is taking place off the school premises i.e. in the case of online bullying or hate crime.
- Liaise with the DSL if there are any safeguarding issues to consider- who may refer on to the MASH
- Liaise with the lead for young cares and looked after children where appropriate
- Refer to the Nottinghamshire County Council

Please note that **responses may vary according to the type of bullying** and may involve other agencies where appropriate to support the young people involved.

#### Recording bullying and evaluating the policy

Bullying incidents will be recorded by the member of staff who deals with the incident using our electronic system, CPOMS, and the anti-bullying coordinator will be notified.

The information stored will be used to ensure individuals incidents are followed up. It will also be used to identify trends and inform preventative work in school and development of the policy. This information will be discussed by staff in regular staff meetings and briefings.

This information will be stored in accordance with GPDR

This information will be presented to the governors as part of their termly reports

Prejudice related bullying/incidents should no longer be reported to the local authority. However, it is important that schools still record these for their own information and to inform planning of interventions.

The policy will be reviewed and updated annually.

## Strategies for preventing bullying

As part of our ongoing commitment to the safety and welfare of our pupils we at Richard Bonington Primary School have developed the following strategies to promote positive behaviour and discourage bullying behaviour.

- Richard Bonington promotes clear strategies for teaching pupils for recognising and regulating emotions in PSHE lessons.
- Ensuring that the school actively promotes the celebration of difference and diversity as part of their core values.
- Anti-Bullying week annually in November and Safer Internet Day in February
- PSHE/RSE/Citizenship lessons
- Visitors of different faiths to assemblies/lead themed days
- Celebration events
- Student voice, school & eco council
- Playground Buddying
- DARE programme
- Online safety curriculum/E safety policy.
- ELSA Support including specific interventions for individuals and identified groups e.g. lego/art therapy.
- 1. Reactive programmes for vulnerable groups or groups involved in bullying. For example: -
  - Counselling and/or Mediation schemes
  - Small group work
- 2. Specific initiatives for identified groups such as young people whose first language is not English, SEND/disabled students, children who have been bullied or are displaying bullying behaviour
- 3. Support for parents/carers
  - Parent information events/ information-on the school website
- 4. Support for all school staff
  - Staff training and development for all staff including those involved in lunchtime and before and after school activities
  - Encouraging all staff to model expected behaviour
  - Staff training around curriculum delivery of PSHE related curriculum areas

## Links with other policies

Policy	Why
Behaviour Policy	Rewards and sanctions, Codes of conduct
Safeguarding Policy	Child protection
E-safety and Acceptable use	Online bullying and online safety
policy	
Equalities policy	Prejudice related crime (homophobia, race,
	religion and culture and SEN/disability
Confidentiality Policy	Reporting and recording
PSHE/Citizenship	Strategies to prevent bullying
Complaints' Policy	Guidelines to make a complaint if families are
	not happy with the school's response
Peer on Peer Policy	Linking bullying especially sexualised behaviour,
	exploitation (sexual, criminal and radicalisation)